

Whole class game: Day in the life of a worm

Draw tunnels on the sidewalk with chalk (or just pretend sidewalk is 1 tunnel). Alternatively use sticks or yarn or twine to create a tunnel on the grass.

Collect leaves and scatter around the (tunnel).

Explain to students that they will act like worms today! Worms are silent so this is a silent game.

When I say (act) bird (and chase students with flapping wings), students must walk to the end of the tunnel (worms hide from their predators)

When I say (act) rain, students must come out of the tunnel and take a deep breath (worms need air)

When I say (act) sunshine, worms must pretend to take a nap (worms sleep during day)

When I say (act) moonlight, worms must collect leaves (worms eat at night)