

# Joseph's Grainery

Fueling Your Carbohydrate Needs  
by Cleo Corliss-Gremillion

Joseph's Grainery (JG) is a family owned and operated business located just outside Colfax, Washington. The Joseph family has been farming on this land for over 70 years. The heritage of the land encompasses good stewardship and farming practices that ensure both soil quality and longevity. JG works hard to maintain superior nutrient content in the whole grains and legumes they produce. Included are wheat, Baronesse barley, lentils and garbanzo beans.



The processes of growing, cleaning, storing, milling, and packaging of their grains are carefully executed by the farmers to provide their customers with truly high-quality products. Many of the local customers use JG grains to create breads, pastries, breakfast cereals, soups, stews, and so much more! All of their products are Kosher Certified and non-GMO to give you peace of mind.

Joseph's Grainery products are carried in Lewiston and Moscow Idaho at Huckleberry's Natural Market. You can also find their products in Colfax, Dayton, Spokane, Thorp, St John, and Uniontown in

select local grocery stores. If you have a store you'd like to see their grains in just ask for Joseph's Grainery by name at the store. Then shoot them an email at [info@josephsgrainery.com](mailto:info@josephsgrainery.com) with the store's name, location, and manager and they will do their best!



For the past four years they have hosted a Harvest Day event, inviting the public to stand in the field where the barley is grown, while enjoying brews and spirits made with Baronesse Barley. In 2018 and 2019 the local band Tone Sober performed. People were able to dance to the music and taste delicious bites made with Joseph's Grainery whole grain products. There is also a homebrew competition that allows people to sample beers brewed with at least 50% Baronesse grains and vote for their favorite.

This year's harvest day is still scheduled for late August and you can RSVP on their website:

<http://www.josephsgrainery.com>

On this website you can also find that the Joseph family constantly adds new recipes that they've made and enjoy themselves.

For your convenience, you can order their products through Amazon!

<https://www.amazon.com/stores/JosephsGrainery/node/8154024011>